

BEGIN AGAIN LIVING MINISTRIES

Questions to Ask Your Hospice Team

A conversation guide for understanding care, comfort, and family support

A COMPLIMENTARY GUIDE FOR HOSPICE FAMILIES

Compassionate guidance for caregiving, grief, and end-of-life transitions.

From Diagnosis to Goodbye™

Questions to Ask Your Hospice Team

Families often receive a great deal of information during an emotional time. Writing down questions can make conversations clearer and help everyone understand the plan.

Use this guide as a starting point for conversation. Individual needs and care plans may differ.

1. Care goals

Ask: What are the main goals of the current plan? How will my loved one's preferences guide decisions? Who participates when the plan changes?

2. Symptoms and comfort

Ask: Which symptoms should we report immediately? What steps should we try first? What should we do if the current plan is not providing enough comfort?

3. Medications and equipment

Ask: What is each medication for? Which medications, supplies, and equipment are included? How do we request refills or replacements?

Practical Guidance

1. Visits and availability

Ask: How often will each team member visit? Whom do we call after hours? What happens when we call the emergency hospice number?

2. Family and caregiver support

Ask: What teaching, respite options, emotional support, spiritual care, and practical resources are available to our family?

3. Changes and final days

Ask: What changes might occur as illness progresses? What should we expect near the end of life? Whom should we call at the time of death?

My Next Steps

- ☐ Keep one notebook for questions, medication information, and team updates.
- ☐ Write down the after-hours number where every caregiver can find it.
- ☐ Ask for plain-language explanations when something is unclear.
- ☐ Repeat the plan back in your own words to confirm understanding.
- ☐ Request an interpreter or communication accommodation when needed.

You do not have to carry this journey alone. Support is available, and asking for help is an act of care.

About Begin Again Living Ministries

Begin Again Living Ministries offers compassionate education and support for individuals, families, caregivers, churches, and organizations navigating grief, caregiving, stress, and end-of-life transitions.

Visit: balministries.org

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